



## SPORTS FACILITIES

Sports Center Guía de Isora (Tenerife).

- 25-meter indoor pool.
- 2 activities pools .
- Hydrotherapy pool, sauna and jacuzzi.
- 2 squash courts.
- 1 activities room .
- 1 Gym
- 1 indoor cycling.



acuasport  
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www.acuasport.es

## ACCOMMODATION

Youth Hostel in Guía de Isora (Tenerife).

Located next to the sports center.

- 36 beds in single, double, triple or quadruple rooms.
- Meeting room.
- Showers and bathrooms.
- Kitchen.

## MEALS

Pizzeria Restaurant (next to Youth Hostel).

## EXTRA ACTIVITIES

Kayak at sea.

Visit Acualand.

Hiking (Guía de Isora, Teide National Park, Teno PR ...).

Information and custom quote:

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# SPORTS STAGES